

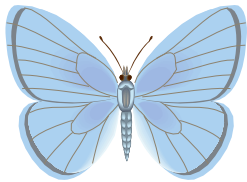
# WINGS

## Women INvesting in and Guiding Students College-to-Career Mentoring Program for Undergraduates

Sponsored by: Institute for Women's Leadership  
Center for Women and Work

### FREQUENTLY ASKED QUESTIONS

- Q:** Do both of the recommendation letters have to be from a Rutgers University professor?
- A:** No, only one letter needs to be from a professor. The other letter of recommendation can be from either a professor, an internship or job supervisor, or an advisor from an extracurricular activity.
- Q:** I currently do not have a 3.0 GPA. Should I still apply?
- A:** If your GPA is only slightly under a 3.0, and you expect it to go up as a result of your spring semester classes, your application is still welcome and encouraged. Keep in mind though that you can apply to the WINGS Program as a first, second, or third-year student so you can work on raising your GPA and apply to the WINGS Program later as well.
- Q:** How demanding is this program for time?
- A:** The WINGS program requires a relatively small commitment of time over the course of the one academic year. There are 8 formal events you will be expected to attend. These events usually occur about once a month, and last about 2-3 hours (excluding transportation time for those events held on-site at your sponsor's corporate offices). Additionally, there will be 2-3 required skills workshops designed to help you develop and refine the professional skills necessary to succeed in a professional career. Outside of these events and workshops, the one-on-one mentoring relationships are not structured. It is up to the mentor-mentee pair to determine by what means (in-person, email, phone, etc) and how frequently they will interact. However, we strongly recommend and encourage face-to-face interaction between the mentor-mentee pairs as often as possible.
- Q:** What if a formal event or skills workshop is scheduled during the time I have class?
- A:** You are still expected to attend WINGS program events, even if you have a class that meets during the same time. When this happens, you can request a letter from the Program Director written to your professor, informing her/him about the event and asking her/him to excuse your absence from class. In the history of this program, we've not heard of a single professor penalizing a student for missing class to attend a WINGS event. In fact, we often receive emails from professors confirming that their students are excused and that they think it's wonderful their students participate in programs like WINGS.



# WINGS

## Women INvesting in and Guiding Students College-to-Career Mentoring Program for Undergraduates

**Q:** I work part-time and might be scheduled to work during an event. Should I still apply?

**A:** Yes, you should still apply - holding a part-time job will not automatically exclude you from consideration for the program. However, if you are selected to participate, you will be given a calendar listing all WINGS formal events and skills workshops and you will be asked to make arrangements with your employer in advance to attend these events. You will not be excused from an event or workshop because you failed to request time off in advance.

**Q:** How do I communicate with my mentor?

**A:** Experience from the previous years shows that the preferred way of communication is via email. However, for some mentor-mentee pairs phone calls have worked as well. In any case, it is a good idea to discuss it and establish the boundaries in the beginning of the relationship.

**Q:** I am in an honors program. Do you think it is feasible to balance the demands of both the WINGS Program and the honors program?

**A:** Yes, absolutely! The WINGS Program does not currently entail an academic curriculum, so there are no weekly assignments, exams, etc. The only obligation you will have as a participant is to attend the program's formal events and skills workshops, and interact with your mentor as often as you both agree.

**Q:** I am a part-time student. Am I still eligible to apply?

**A:** Yes, part-time students are still eligible to apply, and will need to meet the same requirements as full-time students for acceptance into the program. This means that if you are a part-time student because you hold a full-time job, you will still be required to attend all WINGS program events and workshops.

**Q:** What if I have other questions that haven't been asked or answered by this list? Who should I contact?

**A:** If you still have questions about the WINGS program or whether you should apply, please contact the WINGS Program Director:

Connie A. Ellis  
Corporate Programs Director  
Center for Women and Work  
Institute for Women's Leadership  
162 Ryders Lane, Third Floor  
New Brunswick, NJ 08901-8555  
Phone: (732) 932-1463 ext. 691  
Email: [ellisc@rci.rutgers.edu](mailto:ellisc@rci.rutgers.edu)

